



Coaching and Counselling for Health and Wellbeing

HSWPG302

Subject Outline

This subject covers the ways counsellors and therapists work with real clients to improve health behaviour. The students learn how to work with clients to set goals regarding their health and how therapeutic relationships develop in a health setting. Students are encouraged to discuss the Buddhist philosophies in relation to health and draw on Buddhist wisdom to enhance their skills in working with clients in a health setting. The subject is very practical and interactive, with lots of hands on practice and role play.

Venue/Location

NTI Sydney, Australia

NTI Wollongong, Australia

When does this subject take place

Lecture dates: 14, 15 May & 3, 4, 5 June 2016 (1 weekday + 2 weekends 9am-5pm)

Lecture dates: 5, 6, 25, 26, 27 November 2016 (1 weekday + 2 weekends 9am-5pm)

Who can Attend?

- Anyone can attend as a 'one-off' (non-award) student however students who do not have English as a first language must have at least IELTS 6.5 with no sub-band score less than 6.0 and obtained not more than two years before the date of enrolment.
- Students who wish to take this subject as part of NTI's Postgraduate Program in Health and Social Wellbeing (award students) must meet the entry requirements for the Graduate Program (including the English requirement listed above)

Frequently Asked Questions for more FAQ's visit www.nantien.edu.au/FAQ

- Do I have to be a Buddhist to attend?
 - No. Anyone can attend
- Do I have to pay?
 - Non-award students have to pay for the course (see our website address below for fees)
 - Award students (Grad Cert, Grad Dip and MA) can defer payment to FEE-HELP

Subject Fees?

Please visit our fees page for:

- Domestic Students: <http://www.nantien.edu.au/content/fees-australian-domestic-students>
- International Students: <http://www.nantien.edu.au/content/fees-international-students>

Who Leads This Subject?

Lecturer

Semester 1: Alex Couley Semester 2: Julia Milner

Recognition of Prior Learning

If you have already achieved University credits or learning from a recognised higher education institution, or significant experience in the area of the subject you are applying for, you may be eligible for Recognition of Prior Learning (RPL). Please refer to our Student Handbook for more information

<http://www.nantien.edu.au/content/student-handbook-policies> or contact Student Services.

Credits/Level

Non-award students will not receive credit points unless they decide to continue with their studies as part of a postgraduate award.

Successful completion of this subject will provide 6 credit points.

Course credit points requirements:

- Graduate Certificate Health and Social Wellbeing (24 credit points)
- Graduate Diploma Health and Social Wellbeing (48 credit points)
- Master of Arts - Health and Social Wellbeing (72 credit points)

How Do I Apply?

If you wish to apply for a Masters, Graduate Diploma or Graduate Certificate program, you can apply online here or download the application form

- <http://www.nantien.edu.au/content/online-application-admission-domestic-students>

If you wish to apply for a single subject/professional development or non-award subject, please download the subject application form

- <http://bit.ly/nonawardform>

Email to: enquiry@nantien.edu.au

Fax to: +61 2 4258 0701

Mail to: PO BOX 660, Unanderra, NSW, 2526, Australia

Application forms are also available from the Student Services Office, Nan Tien Institute 231 Nolan Street, Unanderra (Wollongong), NSW, Australia or can be emailed, faxed or mailed to you.

Enquiries

Student Services Office, Nan Tien Institute NSW Australia


Student Services Manager: Jolie Mao

+61 (2) 4258 0741

Email: enquiry@nantien.edu.au

Nan Tien Institute attempts to ensure that the information contained in this brochure is correct at the time of printing (April 2016), however details may be amended without notice by the Institute in response to changing circumstances or for any other reason. Applicants should check with the Institute at the time of application/enrolment for any updated information.

 [facebook.com/NanTienInst](https://www.facebook.com/NanTienInst)

 [@NanTienInst](https://twitter.com/NanTienInst)